

Appointment Date: _____ **Time:** _____

LOCATION: Aultman Main Hospital: 2600 6th St. SW, Canton

DEPARTMENT: Imaging Services (Radiology)

SUMMARY OF THE EXAM

Your doctor has ordered a procedure called a myelogram to assist in diagnosing any abnormalities in your spine, spinal cord or surrounding structures that may be causing the symptoms you are experiencing.

WHAT TO EXPECT

You will report to Same Day Surgery Unit where a nurse will review your medical history and prepare you for your procedure.

The procedure will be performed by a specially trained physician called a radiologist or a physician's assistant (PA). You will lie on your stomach. A small area on your back or neck will be cleaned with an antibacterial cleanser, and a local anesthetic will be given to numb the area. The radiologist or PA will then insert a small needle into your back, and contrast material will be injected into the cerebrospinal fluid (CSF) that surrounds your spinal canal. The needle will then be removed. A series of X-rays and CT scan will allow the radiologist to examine your spine.

Following the procedure, you will return to the Same Day Surgery Unit. You will be expected to lie on your back with the head of your bed elevated to a 30-degree angle (or on two pillows) for six hours.

INSTRUCTIONS

- If you are on anticoagulant medication, your physician should have instructed you to not take them prior to the procedure.
- The Interventional Radiology Department will call you a few days before your procedure to review instructions, current medications and allergies. You may be instructed to not take some of your medications for 48 hours before the procedure and possibly 24 hours after your procedure.
- You may eat a light breakfast the morning of your procedure.
- You should take any prescribed pain medication you normally take each morning.
- You will report to the Same Day Surgery Unit the morning of your procedure (usually between 6 – 6:30 a.m.).

- Please bring all your current medications in the original containers. The nurse in Same Day Surgery Unit will need to review the medications.
- Please bring a driver's license or other photo ID.
- Please have a family member or friend bring you to your appointment. You will not be able to drive after the procedure.

LENGTH OF EXAM

Please plan to be at the hospital for approximately 10 hours from arrival to discharge. You may want to bring reading materials or something to help pass time while in the Same Day Surgery Unit.

AFTER THE EXAM

You should expect to receive the results of your exam at your next health care provider appointment (if scheduled) or within 10 days of your exam. Please call your health care provider if you do not receive your results.

QUESTIONS PRIOR TO YOUR TEST

Call Interventional Radiology at 330-363-6808 weekdays between 8 a.m. – 4 p.m. for any questions about your test.

SCHEDULING AND REGISTRATION: Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you have questions or need to schedule or reschedule your exam, please call Interventional Radiology at 330-363-6808.

HOSPITAL PARKING

You may use the 7th Street Valet and park at no charge when having a Same Day procedure. Just let the valet/parking attendant know you are here for a Same Day procedure.

DIRECTIONS TO THE DEPARTMENT

The Same Day Surgery Unit is located on the main level of Aultman Hospital. Upon entering 7th Street entrance, you will immediately turn to your right. Report to Outpatient Services Department, and they will escort you to the Same Day Surgery Unit.