

Appointment Date: _____

Please follow your doctor's specific prep instructions prior to your procedure. He will give them to you in the office.

LOCATION: Ambulatory Cardiac Unit (inside the Aultman Heart and Vascular Center)

WHAT TIME SHOULD I ARRIVE?

The Ambulatory Cardiac staff will call you between 2pm - 4pm the day prior to your test with your arrival time. The approximate time of your procedure is not known until the day before your test. If you will not be available at that time to receive the call, or if you don't get a call by 4pm, please call to confirm your arrival time.

- Ambulatory Cardiac Unit 330-363-5016

Please use the Bedford (6th Street) Entrance on arrival to the hospital.

INSTRUCTIONS:

- Please review this information prior to coming to the hospital.
- If you were given an order for labwork, please have it drawn several days before your procedure. Take your order with you. You do not need an appointment for your pre-admission testing.
- You must have someone to drive you home and stay with you overnight after your procedure, unless you are admitted to the hospital.
- Do not eat or drink anything except for sips of water with your medication(s) after 12 midnight the night before your procedure.
- Please bring all your medications to the hospital the day of your procedure. They will be sent home with you. **You will not be permitted** to take medications brought in from home while you are in the hospital.
- If you are allergic to shellfish, iodine or x-ray dye, please tell the staff.
- Other instructions _____

SUMMARY OF THE TEST: An arteriogram is an x-ray to view certain arteries that could be blocked based on the symptoms you may be having. For example a blocked artery in your leg may cause pain in your leg when you walk. Blocked kidney arteries may cause high blood pressure. A specially trained doctor, known as a vascular specialist will perform your procedure.

If a blockage is found, your doctor may perform an **ANGIOPLASTY**. An angioplasty uses a small balloon which is inflated to open up the blocked area and place a **STENT** (wire mesh tube) to keep the artery open.

WHAT TO EXPECT: You may be given medicine to help you relax. You will feel the “bee sting” of medicine injected in the skin to numb the arm or leg. This may be the most uncomfortable part of the procedure. When the area is numb, the doctor will start your procedure.

During the procedure, you may feel a warm flush during some of the times the contrast is injected. You will be awake and may be asked questions during the procedure. If the procedure is done through your leg, strong pressure may be applied for 30 minutes or more after the procedure to make sure the bleeding has stopped. This may be uncomfortable. Let the nurse know if it is painful.

WHAT TO BRING TO THE HOSPITAL

- This packet of information
- A copy of your living will or durable power of attorney for health care (advanced directives) if you have one
- Any toiletry items you would like
- Bring all your current medications. **You will not be permitted** to take your home medications while in the hospital, but the nurses need the names(s) and dosage(s) of each medication
- Please **do not bring valuables** to the hospital, such as purse, wallet, jewelry, money, credit cards, etc. Bring only your ID and insurance cards.

LENGTH OF THE EXAM: The procedure usually takes 45-60 minutes, but if an angioplasty is needed, it may take 1-2 hours or longer. However plan to be at the hospital for the **full day** for the preparation, procedure and recovery from the procedure. If you require an angioplasty in addition to the angiogram, you will likely be admitted to the hospital for an overnight stay.

AFTER THE EXAM: You may eat and drink after the test.

DEPARTMENT: Ambulatory Cardiac Unit, in the Heart and Vascular Center

QUESTIONS PRIOR TO YOUR TEST

Call your doctor office for any questions about your procedure.

SCHEDULING AND REGISTRATION: Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you have questions or need to reschedule your exam, please call the doctor who will be doing your procedure.

HOSPITAL PARKING

Free visitor parking is available in Lot 3 across from the Bedford Building; enter from 6th Street. Valet parking is available at the 7th Street and Bedford Building entrances for a fee - or free if you are a handicapped motorist. Deck parking is available on 7th Street for a fee, based on your length of stay.

DIRECTIONS TO THE DEPARTMENT

Heart and Vascular Center (Lot 3 parking is the closest parking) is located on the first floor of the Bedford Building. After entering the Bedford lobby, turn to your right and enter the Heart and Vascular Center. Please sign in on the kiosk (iPad) by typing in your name and have a seat on the left side of the waiting room until you are called.