



**AULTMAN BIRTH CENTER  
FAMILY EDUCATION  
CLASS SCHEDULE  
2010**



**JANUARY**

CLASS NAME	DATE	DAY	TIME
Childbirth Education (6 wk. series)	1/3-02/07	Sun.	5-7p
Childbirth Education (4wk. series)	1/4-1/25	Mon.	6-9p
Childbirth Education (4wk. series)	1/5-1/26	Tue.	6-9p
Childbirth Education (4wk. series)	1/6-1/27	Wed.	6-9p
Younger Sibling	1/7	Thu.	5:30-6:30p
Older Sibling	1/7	Thu.	7-8p
Just Labor & Birth	1/9	Sat.	9a-3p
Baby Care	1/16	Sat.	10a-12:30p
Adult Tour	1/21	Thu.	6-7p
Infant & Child CPR	1/22		8a-12n
Grandparent	1/28		6-7:30p
Breastfeeding	1/30		9-11:30a

**MARCH**

CLASS NAME	DATE	DAY	TIME
Young Sibling	3/4	Thu.	5:30-6:30p
Older Sibling	3/4	Thu.	7-8p
Infant & Child CPR	3/6	Sat.	8a-12n
Baby Care	3/13	Sat.	10a-12:30p
Breastfeeding	3/15	Mon.	6-8:30p
Baby Care	3/17	Wed.	6-9p
Adult Tour	3/18	Thu.	6-7p
Breastfeeding	3/20	Sat.	12-2:30p
My Baby & Me	3/22	Mon.	5-6p
Choosing a Pediatrician	3/22	Mon.	6:30-7:30p
Comfort Measures	3/23	Tue.	6-9p
Grandparent	3/25	Thu.	6-7:30p
Just Labor & Birth	3/27	Sat.	9a-3p
Childbirth Education (4 wk. Series)	3/29-4/19	Mon.	6-9p
Childbirth Education (4 wk. Series)	3/30-4/20	Tue.	6-9p
Childbirth Education (4 wk. Series)	3/31-4/21	Wed.	6-9p

**MAY**

CLASS NAME	DATE	DAY	TIME
Baby Care	5/1	Sat.	10-12:30p
My Baby & Me	5/3	Mon.	5-6p
Choosing a Pediatrician	5/3	Mon.	6:30-7:30p
Comfort Measures	5/4	Tue.	6-9p
Young Sibling	5/6	Thu.	5:30-6:30p
Older Sibling	5/6	Thu.	7-8p
Just Labor & Birth	5/8	Sat.	9a-3p
Childbirth Education (4 wk. Series)	5/10-06/7	Mon.	6-9p
Childbirth Education (4 wk Series)	5/11-6/1	Tue.	6-9p
Childbirth Education (4 wk. Series)	5/12-6/2	Wed.	6-9p
Breastfeeding	5/15	Sat.	12-2:30p
Adult Tour	5/20	Thu.	6-7p
Infant & Child CPR	5/22	Sat.	8a-12n
Grandparent	5/27	Thu.	6-7:30p
Just Labor & Birth	5/29	Sat.	9a-3p

**FEBRUARY**

CLASS NAME	DATE	DAY	Time
Breastfeeding	2/1	Mon.	6-8:30P
Baby Care	2/3	Wed.	6-9p
Young Sibling	2/4	Thu.	5:30-6:30p
Older Sibling	2/4	Thu.	7-8p
Infant & Child CPR	2/6	Sat.	8a-12n
My Baby & Me	2/8	Mon.	5-6p
Choosing a Pediatrician	2/8	Mon.	6:30-7:30p
Comfort Measures	2/9	Tue.	6-9p
Baby Care	2/13	Sat.	10a-12:30p
Childbirth Education (4wk. Series)	2/15-3/8	Mon.	6-9p
Childbirth Education (4wk. Series)	2/16-3/9	Tue.	6-9p
Childbirth Education (4wk. Series)	2/17-3/10	Wed.	6-9p
Adult Tour	2/18	Thu.	6-7p
Just Labor & Birth	2/20	Sat.	9a-3p
Breastfeeding	2/27	Sat.	9a-11:30a
Childbirth Education (6wk. Series)	2/28-4/11	Sun.	5-7p

**APRIL**

CLASS NAME	DATE	DAY	Time
Young Sibling	4/1	Thu.	5:30-6:30p
Older Sibling	4/1	Thu.	7-8p
Just Labor & Birth	4/10	Sat.	9a-3p
Adult Tour	4/15	Thu.	6-7p
Breastfeeding	4/17	Sat.	12-2:30p
Infant & Child CPR	4/24	Sat.	8a-12n
Childbirth Education (6wk. Series)	4/25-6/6	Sun.	5-7p
Breastfeeding	4/26	Mon.	6-8:30p
Comfort Measures	4/27	Tue.	6-9p
Baby Care	4/28	Wed.	6-9p

**JUNE**

CLASS NAME	DATE	DAY	Time
Baby Care	6/9	Wed.	6-9p
Baby Care	6/12	Sat.	10a-12:30p
Breastfeeding	6/14	Mon.	6-8:30p
Comfort Measures	6/15	Tue.	6-9p
Adult Tour	6/17	Thu.	6-7p
Breastfeeding	6/19	Sat.	9-11:30a
Infant & Child CPR	6/26	Sat.	8a-12n
Childbirth Education (4 wk. Series)	6/21-7/12	Mon.	6-9p
Childbirth Education (4 wk. Series)	6/22-7/13	Tue.	6-9p
Childbirth Education (4 wk. Series)	6/23-7/14	Wed.	6-9p
Infant & Child CPR	6/26	Sat.	8a-12n



**AULTMAN BIRTH CENTER  
FAMILY EDUCATION  
CLASS SCHEDULE  
2010**



**JULY**

CLASS NAME	DATE	DAY	TIME
Young Sibling	7/1	Thu.	5:30-6:30p
Older Sibling	7/1	Thu.	7-8p
Just Labor & Birth	7/10	Sat.	9a-3p
Childbirth Education (4 wk. Series)	7/11-8/1	Sun.	5-7p
Adult Tour	7/15	Thu.	6-7p
Baby Care	7/17	Sat.	10a-12:30p
Breastfeeding	7/19	Mon.	6-8:30p
Baby Care	7/21	Wed.	6-9p
Grandparent	7/22	Thu.	6-7:30p
Infant & Child CPR	7/24	Sat.	8a-12n
My Baby & Me	7/26	Mon.	5-6p
Choosing a Pediatrician	7/26	Mon.	6:30-7:30p
Comfort Measures	7/27	Tue.	6-9p
Breastfeeding	7/31	Sat.	9-11:30a

**SEPTEMBER**

CLASS NAME	DATE	DAY	TIME
Baby Care	9/1	Wed	6-8:30p
Young Sibling	9/2	Thu.	5:30-6:30p
Older Sibling	9/2	Thu.	7-8p
Comfort Measures	9/7	Tue.	6-9p
Just Labor & Birth	9/11	Sat.	9a-3p
Childbirth Education (4 wk. Series)	9/13-10/4	Mon.	6-9p
Childbirth Education (4 wk. Series)	9/14-10/5	Tue.	6-9p
Childbirth Education (4 wk. Series)	9/15-10/6	Wed	6-9p
Adult Tour	9/16	Thu.	6-7p
Infant & Child CPR	9/18	Sat.	8a-12n
Grandparent	9/23	Thu.	6-7:30p
Breastfeeding	9/25	Sat.	9-11:30a

**NOVEMBER**

CLASS NAME	DATE	DAY	TIME
Young Sibling	11/4	Thu.	5:30-6:30p
Older Sibling	11/4	Thu.	7-8p
Just Labor & Birth	11/6	Sat.	9a-3p
Baby Care	11/13	Sat.	10a-12:30p
Adult Tour	11/18	Thu.	6-7p
Infant & Child CPR	11/20	Sat.	8a-12n
Breastfeeding	11/22	Mon.	6-8:30
Childbirth Education (4 wk. Series)	11/29-12/20	Mon.	6-9p

**AUGUST**

CLASS NAME	DATE	DAY	Time
Childbirth Education (4 wk. Series)	8/2-8/23	Mon.	6-9p
Childbirth Education (4 wk. Series)	8/3-8/24	Tue.	6-9p
Childbirth Education (4 wk. Series)	8/4-8/25	Wed.	6-9p
Young Sibling	8/5	Thu.	5:30-6:30p
Older Sibling	8/5	Thu.	7-8p
Just Labor & Birth	8/7	Sat.	9a-3p
Baby Care	8/14	Sat.	10a-12:30p
Adult Tour	8/19	Thu.	6-7p
Infant & Child CPR	8/21	Sat.	8a-12n
Breastfeeding	8/28	Sat.	9-11:30a
Childbirth Education (6 wk. Series)	8/29-10/3	Sun.	5-7p
Breastfeeding	8/30	Mon.	6-8:30p
Comfort Measures	8/31	Tue.	6-9p

**OCTOBER**

CLASS NAME	DATE	DAY	Time
Just Labor & Birth	10/2	Sat.	9a-3p
Young Sibling	10/7	Thu.	5:30-6:30p
Older Sibling	10/7	Thu.	7-8p
Baby Care	10/9	Sat.	10a-12:30p
Breastfeeding	10/11	Mon.	6-8:30p
Baby Care	10/13	Wed.	6-9p
Infant & Child CPR	10/16	Sat.	8a-12n
My Baby & Me	10/18	Mon.	5-6p
Choosing a Pediatrician	10/18	Mon.	6:30-7:30p
Comfort Measures	10/19	Tue.	6-9p
Adult Tour	10/21	Thu.	6-7p
Breastfeeding	10/23	Sat.	9-11:30a
Childbirth Education ( 6 wk. Series)	10/24-11/28	Sun.	5-7p
Childbirth Education (4 wk. Series)	10/25-11/15	Mon.	6-9p
Childbirth Education (4 wk. Series)	10/26-11/16	Tue.	6-9p
Childbirth Education (4 wk. Series)	10/27-11/17	Wed.	6-9p
Grandparent	10/28	Thu.	6-7:30p

**DECEMBER**

CLASS NAME	DATE	DAY	Time
Baby Care	12/1	Wed.	6-9p
Young Sibling	12/2	Thu.	5:30-6:30p
Older Sibling	12/2	Thu.	7-8p
Just Labor & Birth	12/4	Sat.	9a-3p
Childbirth Education (4 wk. Series)	12/6-12-27	Mon.	6-9p
Comfort Measures	12/7	Tue.	6-9p
Baby Care	12/11	Sat.	10a-12:30p
Adult Tour	12/16	Thu.	6-7p
Breastfeeding	12/18	Sat.	9-11:30a