



BEE HEALTHY RACE PROMOTES FITNESS AND FUN



Aultman Health Foundation welcomed community members of all ages and physical abilities to participate in the July 16 Subway Challenge Series Race.

The second annual event featured a race for everyone: competitive runners, recreational runners, speed walkers, casual walkers, children and families. More than 600 participants – along with loved ones who attended to cheer on the runners – enjoyed food, fun, informational booths and a special appearance by Aultman mascot Freddie LeFever.

Aultman Health Foundation team members actively participated in the 2011 Bee Healthy event, including 95 employees who ran in the races. Nearly 70 Aultman employees and community members volunteered.

**Congratulations to the 2011
Bee Healthy Race winners!**



■ Left to right: Steve Neading and Lucus Shroades. Jesse Tinlin not pictured.



■ Left to right: Jen Reneker, Leslie Slyman and Kristi McCallin

5-Mile Race Winners

Kristi McCallin (Canton, age 33, 35:07.90)
Leslie Slyman (Copley, age 37, 35:22.16)
Jen Reneker (Canton, age 35, 35:56.75)

Chip Wilson (North Canton, age 40, 29:06.49)
Nick Koczwarra (Louisville, age 16, 29:10.17)
Steve Slates (Sherrodsville, age 47, 29:37.96)

2-Mile Race Winners

Morgan Russell (Canton, age 27, 10:48.73)
Amy Hovan (Akron, age 34, 11:50.82)
Isabel Kiko (Louisville, age 13, 13:25.14)

Steve Neading (Strasburg, age 39, 10:40.07)
Lucas Shroades (North Canton, age 19, 11:26.47)
Jesse Tinlin (Bolivar, age 15, 12:12.19)

Oldest Participants

John Tasseff (Navarre, age 76, 22:29.68)
Barb Baker (New Philadelphia, age 74, 30:39.39)

Kids' Fun Run Winners

Thomas Graham (age 7, Sauder Elementary School)
Landon Thor (age 9, Middlebranch Elementary School)
Emilee Mueller (age 8, Louisville Elementary School)



■ Left to right: Chip Wilson, Nick Koczwarra and Steve Slates



■ Left to right: Morgan Russell, Isabel Kiko and Amy Hovan



■ John Tasseff and Barb Baker



■ Emilee Mueller, Thomas Graham (center) and Landon Thor



**AULTMAN: A CENTER OF
EXCELLENCE FOR ...**



**IMPROVING OUR
COMMUNITY'S
HEALTH**



AULTMAN'S VISION: A HEALTHIER STARK COUNTY BY 2020

Aultman is taking part in an exciting project to fulfill its mission to "Lead Our Community to Improved Health." The vision: to make Stark County significantly healthier by 2020.

Health Rankings

In 2010, the Robert Wood Johnson Foundation sponsored a team from the University of Wisconsin to give every county in America a health ranking. The rankings use a variety of factors to get each county's score including premature death; low birth weight; health behaviors such as diet, exercise and smoking; and social/economic factors including high school graduation and unemployment.

Each county receives two separate scores. "Health outcomes" are seen as current health, and "health factors" can be explained as future health based on current actions. Stark County ranked 44 out of Ohio's 88 counties in health outcomes and 37 in health factors.

"The study was meant as a call to action – a motivator to improve – and we took it seriously," said Aultman Vice President of Marketing and Community Relations Vicki Haines. "It's our mission and responsibility to 'Lead Our Community to Improved Health,' and we want to make a measurable improvement in Stark County's health by the year 2020."

2020 Health Vision

A 22-person committee, comprised of representatives from a variety of Aultman Health Foundation departments, is leading Aultman's 2020 Health Vision initiative to improve the community's well-being. "We're actively working to improve the health of Stark County residents, targeting tobacco use and obesity in 2011," Haines explained. "This initiative to make Stark the healthiest county by 2020 is a high priority."



Aultman Offers Free Tools to Help You Improve Your Health

Give It Up!

- Learn how to quit and stay tobacco-free for life in this free six-week program.
- Call 330-363-7848 to register or learn more.

Online Health Assessment Center

- Test your risk of cancer, heart disease, sleep disorders and other conditions.
- Visit the Health Assessment Center at www.aultman.org.

Wellness on Wheels (WOW)

- The WOW van visits area schools, churches, senior centers, special events and more.
- Clinical staff members provide free health screenings and education to meet your needs.
- Call 330-363-4908 to schedule a WOW visit.

AULTMAN



CENTER of EXCELLENCE



Orthopaedics

Many orthopaedic problems need more than one medical service. You may require emergency room treatment, medical treatment, surgery, therapy, medical equipment for the home or intense on-site rehabilitation.



Heart

Aultman Hospital has been named one of the nation's 50 Top Cardiovascular Hospitals by Thomson Reuters for 2011. At the Aultman Heart Center, prevention is a priority. Our education and risk factor identification programs can help you keep your heart healthy.



Cancer

The Aultman Cancer Center is a fusion of ideas, technology, talent and compassion. The physicians associated with Aultman Cancer Center evaluate and design individual patient treatment plans based on the type, stage and aggressiveness of the patient's disease.



Neurosurgery/ Stroke

Trauma or illness involving the brain, spinal cord or nervous system can be a frightening experience for a patient and loved ones. Take comfort in knowing you are in the hands of some of the region's most skilled neurological experts, neurosurgeons and stroke specialists.



Women/ Children

Together with our patients, the Aultman Birth Center is promoting and uniting families for life. We take a team approach to providing the best care for you and your baby – under one roof.



Emergency/ Trauma

Aultman's Emergency/Trauma Center, staffed by board-certified physicians, is designed to allow the fastest access possible to the latest in emergency-care technology.



Critical Care Medicine

Going to an intensive care unit (ICU) can be a very emotional experience. Aultman patients receive specialized care from our Intensivist Program and our dedicated group of critical care nurses, critical care pharmacists, respiratory therapists and intensivists.

AULTMAN

Aultman is My Hospital™

AultWorks Partners with Local Businesses to Keep Workers Healthy



■ Dr. Michael Marvin, medical director of AultWorks, provides everything from pre-employment physicals to work-related injury care.

From work-related injury treatment to flu shots to travel medicine, AultWorks offers an array of occupational medicine services.

AultWorks is an immediate care center for work-related injuries and illnesses. Common injuries include sprains, strains, lacerations and bone fractures – along with exposures and burns from chemicals, hot materials and vapors. "We provide similar services to sports medicine specialists, only we're caring for injured workers instead of athletes," said Michael Marvin, M.D., medical director of AultWorks Occupational Medicine. "With appropriate medical care, most patients recover from work-related injuries without residual effects."

Additional AultWorks services include sports physicals, drug and alcohol testing, vaccinations, Federal Aviation Administration examinations for pilots, pulmonary function tests, executive health physicals, vision screenings and wellness programs. "In addition to

travelers for international destinations. A certified occupational health nurse specialist consults with travelers on itinerary-specific health risks and immunization requirements, common diseases, criminal targets and water precautions. Common

“With appropriate medical care, most patients recover from work-related injuries without residual effects.”

— MICHAEL MARVIN, M.D.

treating patients referred by their employers, walk-ins are welcome," said AultWorks Director Lisa Dyer. "Sometimes, injured workers go to the emergency room when they could've come to AultWorks. We have on-site lab and X-ray capabilities – and AultWorks is less costly than an ER visit."

AultWorks occupational medicine specialists also offer replacement physicals for potential employees. "We were among the first to feel the effects of the economic downturn because our volume of pre-employment physicals dropped," Marvin shared. "But the good news is we can tell the economy is coming back because employers are ramping up their workforces."

AultWorks also offers a travel medicine program to prepare

immunizations such as yellow fever, influenza and hepatitis are also available. "Our travel medicine program isn't just for business travelers," Marvin offered. "We have many community members traveling to foreign countries for missionary and volunteer work."

AultWorks has two dedicated clinics – in Canton and Alliance – with a new AultWorks clinic opening soon at Dunlap Community Hospital in Orrville. Limited occupational health services are available at Aultman Carrollton. The Aultman Emergency Department and immediate care staff at Aultman North and West also treat work-related injuries and illnesses. "We have a dedicated staff member who will meet the injured worker at these locations to provide various tests according to a

AULTWORKS
OCCUPATIONAL MEDICINE

company's specific protocols," Dyer said. "We have employers covered throughout Stark, Wayne and Carroll counties."

The AultWorks Canton office recently relocated to 4650 Hills and Dales Road N.W. The new location offers more exam rooms, a larger lab area, more lobby space and ample parking for patients.

The AultWorks clinics are staffed with physicians and physician assistants who work under the doctors' supervision. "We have medical assistants, X-ray technicians, registered nurses and certified occupational health nurses. Our new account executive, Amy Schiefer, is visiting local companies to promote our services," Dyer explained. "We also have nurses and physicians providing on-site coverage at local companies. We build relationships with the business community – serving as consultants with human resources and safety personnel – and collaborate to determine a company's medical needs."



■ Lisa Dyer, AultWorks Manager



■ Amy Schiefer, Account Executive



Flu Season is Coming!

Call AultWorks at 330-491-9675 to schedule on-site flu vaccinations at your company.

AultWorks Occupational Medicine Locations

4650 Hills and Dales Road N.W.
Canton, Ohio 44708
330-491-9675

2461 West State St.
Alliance, Ohio 44601
330-823-8864

832 South Main St.
Orrville, Ohio 44667
330-682-3010

COMING SOON