

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

**LOCATION:** Aultman Main Hospital: 2600 6<sup>th</sup> Street SW, Canton

**DEPARTMENT:** Report to Outpatient Services, located on the second floor of the main building to have this exam. The test is done by Imaging Services/Radiology.

## SUMMARY OF THE EXAM

Positron Emission Tomography (PET) is a special exam used to examine the body. It helps diagnose and treat certain types of cancers, nerve and heart problems. PET scan is unique because it can provide information at early stages of the disease process, provide exact locations of tumors and help determine the extent of a disease. PET scan can be used to help plan and evaluate the course of treatment after a diagnosis has been made.

## WHAT TO EXPECT

You will receive an injection of a radioactive tracer, and after approximately one hour, you will be taken to the PET scanner. You will be asked to lie down, and images will be obtained for approximately 30 - 40 minutes.

## INSTRUCTIONS

- Please bring a written order from your doctor to the exam.
- Please bring a complete list of all your medications.
- Please bring a driver's license or other photo ID.
- Please arrive 30 minutes prior to your scheduled time. If you're scheduled at 7 am, please arrive at 6:45 a.m.
- No strenuous activity or exercise 24 hours before your exam.
- Limit sugar and caffeine the day before your exam.
- Do not eat or drink anything (except plain water) for four – six hours before your exam, including gum or mints.
- You may take your daily medication with water, **EXCEPT** no insulin for four hours before your exam.
- If you are diabetic, please test your blood sugar before leaving for your appointment. If your blood sugar is over 200, please call 330-363-4389.**
- Do not smoke for four – six hours before your exam.
- Dress in warm and comfortable clothes.

**NOTE:** This scan involves the administration of radioactive materials. The scans are not routinely performed on women who are pregnant or breastfeeding.

Blood work should always be drawn before X-rays are performed. If you are having blood work, please arrive early and inform the outpatient lab you have a radiology appointment. Please arrive on time for your radiology exam.

### **LENGTH OF EXAM**

Plan to be in the department for *approximately two and a half hours*.

### **AFTER THE EXAM**

You should expect to receive the results of your exam at your next health care provider appointment (if scheduled) or within 10 days of your exam. Please call your health care provider if you do not receive your results.

### **QUESTIONS PRIOR TO YOUR TEST**

Call Nuclear Medicine at 330-363-6204 weekdays between 8 a.m. – 4 p.m. for any questions about your test.

### **SCHEDULING AND REGISTRATION**

Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you have questions or need to schedule or reschedule your exam, please call 330-363-6288 or 1-800-837-0440 Monday – Friday between 7 a.m. – 6 p.m. If your appointment must be cancelled on the same day of your appointment, please call 330-363-6204. All exams require a written order from your physician.

### **HOSPITAL PARKING**

Free visitor parking is available in Lot 3 across from the Bedford Building. Enter from 6<sup>th</sup> Street. Valet parking is available at the 7<sup>th</sup> Street and Bedford Building entrances for a fee – or free if you are a handicapped motorist. Deck parking is available on 7<sup>th</sup> Street for a fee based on your length of stay.

### **DIRECTIONS TO THE DEPARTMENT**

PET scan (7<sup>th</sup> Street parking deck is the closest parking) is located in the main hospital on the second floor. From the main hospital lobby, take the elevators to the second floor and follow the signs to the “Outpatient Department.” Sign in using the kiosk (iPad) and have a seat in the waiting room.